



Spa OFFERINGS*

We know it's sometimes hard to relax during your stay so Ocean Medical Center is pleased to offer you a selection of in-room spa services to help make your stay as comfortable as possible. All services are performed in the comfort of your room by accredited professionals from the local area. Please call Concierge at extension 1111 to book an appointment or to ask any questions you may have.

MASSAGE *Call for availability • Length of service: 30 minutes*

Additional details: All massage services are performed over your hospital attire or comfortable clothing.

Head, Neck and Shoulder Massage: Gentle pressure touch massage on your temples, head, neck, and shoulders to relax you and to help melt away stress. *\$65 including gratuity*

Hand and Foot Massage: Gentle to medium (your choice) pressure massage on your hands and feet. Ideal for increasing circulation, restoring blocked energy paths, and leaving you feeling invigorated and relaxed. *\$65 including gratuity*

Healing Touch: Healing technique developed by a registered nurse. This popular treatment promotes healing, wellness, relaxation and eases stress so your body can concentrate on healing. *\$60 including gratuity*

Pre-Surgery Healing Touch: Prepare for surgery with Healing Touch Energywork, guided visualization and relaxation techniques to relax you, to prepare your body/mind for surgery and to prepare for optimal healing. *\$60 including gratuity*

REIKI *Call for availability • Length of service: 30 minutes*

Additional details: All massage services are performed over your hospital attire or comfortable clothing.

Reiki: Gentle pressure hands-on healing technique of Japanese origin. This popular treatment promotes healing, wellness, relaxation, and eases stress so your body can concentrate on healing. *\$60 including gratuity*

Pre-Surgery Reiki: Prepare for surgery with Reiki Energywork, guided visualization and relaxation techniques to relax you and to prepare your body/mind for surgery and optimal healing. *\$60 including gratuity*

NAIL CARE - HANDS & FEET *Call for availability • Length of service: 30 minutes*

Manicure: \$27 including gratuity | Pedicure: \$37 including gratuity

Enjoy a 30 minute manicure or pedicure in the comfort of your room. A local nail technician will treat your hands, feet, and nails including shaping, buffing, moisturizing, and painting.

HAIR STYLING *Call for availability*

Price of service: \$39 including gratuity

Let our stylist set, blow dry, and style your hair. Shampooing not included.

GENTLEMAN'S SHAVE *Call for availability • Length of service: 30 minutes*

Price of service: \$42 including gratuity

Relax and enjoy a traditional shave in the comfort of your room. Your shave will start with pre-shave oil, hot towel, and lather. Then after the first shave you will be re-lathered and enjoy a second shave and moisturizer application. This is a skin treatment and shave all in one.